

Chakra Moncton

Chakra Moncton - Based to the Hindu custom, the chakras are areas of biophysical or metaphysical energy in the human body. There are seven fundamental chakras, and many suppose in additional minor chakras situated within the body system. Some modern believers have drawn parallels between the major organs of the endocrine system and the chakra system.

The seven main chakras are delineated by a collection of lotus flowers climbing up the spine to the crown of the head. Each chakra has a related colour, element and source of energy and each lotus has a particular amount of petals. As the chakras proceed from the bottom to the highest, they govern more and more spiritual functions. As a person becomes more spiritually aware, they get in touch with the higher chakras one by one. The bottom chakra connects with the most primary physical concerns, while the highest represents enlightenment.

The Root Chakra is claimed to be located at the base of the spinal column. It's thought to represent fundamental instincts, survival and emotions of security. The root chakra is related to the component of earth and the colour red. It is seen to be a 4 petal lotus.

On the pelvis locates the Sacral Chakra. It's associated with creativity, feelings and sexual power. This chakra is related to the element water and the colour orange and is symbolized by a six petal lotus flower.

The Solar Plexus chakra is positioned inside the region where the thorax and the abdomen meet. It governs psychological function, power and digestion. The solar plexus chakra colour is yellow and its' component is fire. It is symbolized by a 10 petal lotus.

The Heart Chakra is claimed to govern concern and affection and it is related to the chest area including the lungs. The heart chakra is related to the colour green and the component of air. Its lotus has 12 petals.

communication, Self-expression, progress are all related to the Throat Chakra. It's delineated by a 16 petal lotus and is related to the element of sound or existence and the colour blue.

Another name for the Brow Chakra is the third eye. It governs perception and instinct and it symbolized by a 2 petal lotus. Its colour is indigo and it is connected to the element of light or time.

The Crown Chakra is thought to symbolize the top of religious consciousness or to be the link to the divine. Represented as a violet or white lotus having a thousand petals, its associated component is space or thought.