

Registered Massage Therapist Moncton

Registered Massage Therapist Moncton - An energy healer is an individual who is gifted with working with balancing the energy field which surrounds the human body or animal. The energy field is referred to as other things; usually called the chakras, aura body, chi or the energy body. To an energy healer, the name is not as important as the effects of working with it.

Energy healing is an integral part of whichever holistic healing plan in view of the fact that our energy fields are basically connected to our overall well-being. Energy work is connected with the gateway of the Spirit. The Body Gateway is linked with physical healing, the Mind Gateway is linked to mental and emotional healing and the Spirit Gateway is associated with energy healing.

Numerous energy healers believe that the majority of dis-ease starts from blockages of energy and can be healed by releasing blocked energy within the body. Like for example, respiratory ailments could feature a blockage of energy around the lungs. When an energy healer unblocks that particular area, your respiratory issues must lessen or vanish.

Depending on the system they work with, energy healers work in various ways. The basics are the following: charging with light, exorcising negative fields, unblocking and re-routing. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this might be best for you.