

Colonic Moncton

Colonic Moncton - Colon Hydrotherapy, also known as colonics, colon irrigation or colonic irrigation, is a process which gently flushes water into the rectum in order to aid in emptying the colon of toxins and mucus. Colon hydrotherapy treatment is used so as to ease constipation, help the body's detoxification process, aid relax the muscles of a tight colon, strengthen a relaxed colon and to cleanse the colon during fasting. Colonics are indicated when there is an rise of toxicity and mucus levels inside the system. Dependent upon the patient's health condition, either warm or cool water can be used.

Though lots of conditions will show a benefit to colon cleansing, there are a few cases where this treatment is not utilized. Possibly life-threatening or really critical colon conditions which affects a patient like for example intestinal bleeding, inflamed hemorrhoids, or intestinal obstructions are specific instances when colon hydrotherapy is not utilized. Colon hydrotherapy is also contraindicated in hypertension and pregnancy.