

Naturopathy Moncton

Naturopathy Moncton - Therapy that entails submerging either some parts of your body or your entire body into a bathtub of cold water or hot water is known as Immersion Bath Therapy. 100% natural European Moor Mud also called Balneopeat or essential oils can even be added to the water. The Moor Mud helps the detoxification process of your system, helps to rebuild natural skin function and assists in blood flow.

Immersion Bath Therapy is useful for relieving aches in muscles or joints, increasing metabolism, decreasing inflammation, decreasing and increasing blood flow and artificially inducing fever in the system in order to fight diseases. This bath treatment helps to remove anxiety from the body and the nervous system.