

EMS Moncton

EMS Moncton - Constitutional Hydrotherapy is a process that combines electrical muscle stimulation or also known as EMS together with a hot compress and a cold compress. This particular therapy works by stimulating the immune system which allows the patient to be able to reposition from a dominant sympathetic state and into a calming parasympathetic state, helping to stimulate the healing process in the body. The electrical muscle stimulation causes muscle tightening in order to enhance venous and lymph blood flow.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy can work for many physical conditions including irritable bowel syndrome, asthma, premenstrual syndrome, respiratory infections and some other physical conditions that help to support the immune system. Patients could require as many as ten treatments to notice real benefits.